

Student Behaviour Code

The school is a Positive Behaviour Support (PBS) school.

Details about how PBS works in our school.

The School Student Code of Conduct has been prepared as a Positive Behaviour Support manual and user guide for staff. The document is available at [student behaviour code.pdf](#) The following details are provided as a summary.

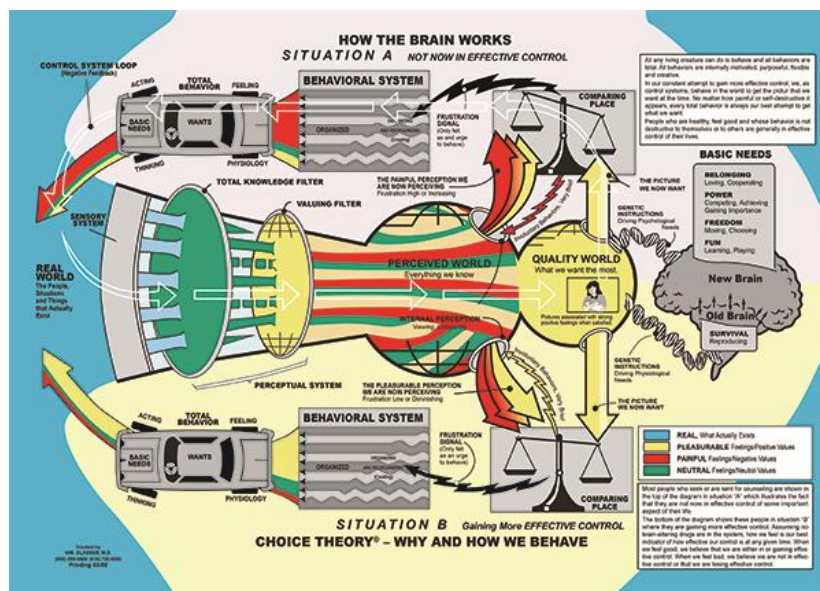
What is Behaviour?

Positive behaviour support is derived from the earlier work of William Glasser who published his evidence-based Choice Theory in 1998. Key features that guide our practice include

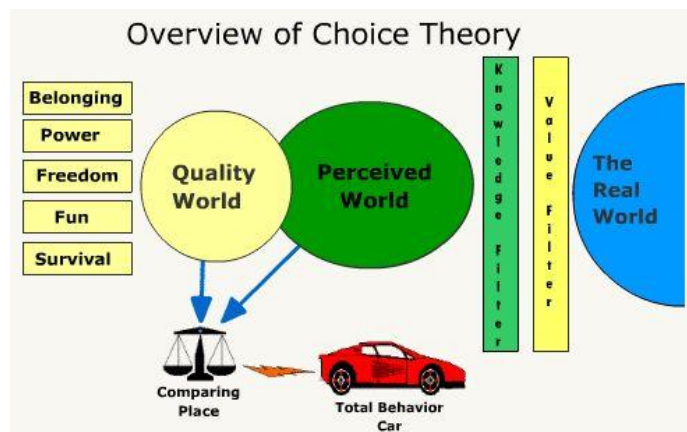
- The only person whose behaviour we can control is our own.
- All we can give another person is information.
- All long-lasting psychological problems are relationship problems.
- The problem relationship is always part of our present life or is impacting our present life.
- What happened in the past has everything to do with what we are today, but we can only satisfy our basic needs right now, and plan to continue satisfying them in the future.
- We can only satisfy our needs by satisfying the pictures in our Quality World.
- All we can is control our behaviour.
- All behaviour is Total Behaviours and is made up of four components: acting, thinking, feeling, and physiology.
- All Total Behaviour is chosen, but we only have direct control over the acting and thinking components. We can only control our feeling and physiology indirectly through how we choose to act and think.
- All Total Behaviour is designated by verbs and named by the part that is the most recognisable.

Glasser portrayed Control Theory and thus his explanation of behaviour linked to basic needs, through the following diagram.

<https://www.bing.com/videos/riverview/relatedvideo?&q=control+theory+glasser&&mid=D39168E902A0F58E9DD4D39168E902A0F58E9DD4&mmscn=mtsc&aps=13&FORM=VRD GAR>



A more simplified diagram might help make sense of Glasser's model. Considering basic needs is key to PBS.



Dr William Glasser's *Basic Needs*

				
Love & Belonging	Power	FUN	Survival	Freedom
✓ belonging ✓ being loved ✓ being respected ✓ friendship ✓ sharing ✓ cooperation	✓ recognition ✓ success ✓ importance ✓ achievement ✓ skills	✓ enjoyment ✓ laughter ✓ learning ✓ change	✓ health ✓ relaxation ✓ sexual activity ✓ food ✓ warmth	✓ choices ✓ independence ✓ freedom from ✓ freedom to